

# CUSTOMIZED TRAINING

**Trainings available onsite or at The Family Tree office location.**

**Call today for pricing.**

**(337) 981-2180**

*Active Listening - 2 to 2.5 hours*

*Substance Use + Co-occurring disorders - 3 to 4 hours*

*The Work of Byron Katie - 4 to 6 hours*

*Adventure Based Counseling (aka Teambuilding) - any length*

*Emotional Intelligence - 2 hours*

*Improving Family Communication - 2 hours*

*Defense Mechanisms - 2 hours*

*Infant Mental Health - 3 hours*

*Nurturing Parenting - 1 hour*

*Building Self-Worth - 1 hour*

*Communicating with Respect - 1 hour*

*Family Morals and Values - 1 hour*

*Ages and Stages of Infants and Toddlers - 1 hour*

*Praising Children - 1 hour*

*Understanding Feelings - 1 hour*

*Alternatives to Spanking - 1 hour*

*Brain Development of Children and Teens - 1 hour*

*ABC's and 123's of School Readiness - 1 to 3 hours*

*Positive Discipline- 1 to 3 hours*

*Self-Care- 1 to 3 hours*

*Mental Health Disorders in Childhood- 1 to 3 hours*

*Parent Child Interaction Therapy (PCIT) skills- 1 to 3 hours*

*Promoting Social-Emotional Competence in Early Childhood- 1 to 3 hours*

*Anxiety, stress, depression, trauma, etc- 1 to 3 hours*

*Self-care*

*Self-compassion*

*Holistic Wellness*

*Positive Parenting Program (Triple P) - ages 4 to 12 - 1 to 3 hours*

*Positive Parenting Program (Triple P) - ages 13 to 17 - 1 to 3 hours*

*Child Passenger Safety - any length, 8 hour class includes hands on training*

*Truth, Facts & Lies*